

Friday 20 May 2016

07:30 – Meeting Point of athletes in front of Stanley Hotel, Karaiskaki Square (metro stop Metaxourgeio) - Athens center.

08:00 - Departure from Athens – Transfer of athletes to Kalamaki Beach Hotel (4 stars)– 85 kms from Athens

09:45 – Arrival at the hotel

Registration of athletes – Check in

Briefing

Control of medical reports

Placing personal belongings into boxes for the C.P.

12:45 – Departure for Ancient Nemea (40km)

13:45 - Ceremony at the Ancient Stadium of Nemea

14:30 - BEGINNING OF THE RACE

19:30 – 00:30 - Finishing at the central square of Levidi

21:30 – Award Ceremony the three first athletes (men – women)

24:00 – Departure to Athens (probably stop in Anc. Nemea)

Note : **If there are changes in the programme schedule you will be informed in time.**